



Yoga Teacher Training Application

Name:

Age:

Address:

Phone:

E-Mail Address:

Past Experience with Yoga including Styles and lengths of time:

Any injuries or health conditions you would like us to know about:

Please submit, with your application, at least one page in length, what Yoga means to you in your life and why you want to become a teacher.



Please mail completed application to:

Sananda
20 Leslie Street, Suite 215
Toronto, Ontario
M4M 3L4

Once application is approved, please complete the following:

Book Report:

Please read two of the first three books and submit a book report on one of these. Also read *Spiritual Cannibalism* and submit a report on this book. Both reports are due on the first day of class. Include in the report how the book affected you in an overall sense and choose one chapter to address in a more detailed fashion. Please make each report a minimum of 200 words and a maximum 400.

Book Choices:

- *Miracle of Love* / Ram Das
 - *The Ramayana*
 - *Autobiography of a Yogi* / Paramahansa Yogananda
 - *Spiritual Cannibalism* / Rudi (if you cannot find this book in print, it can be read online)
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Tuition:

\$3850.00 + 5% G.S.T. \$192.50

(if you have already received your Core Pattern Reading this price will be adjusted accordingly)

\$500.00 non-refundable deposit is required upon approval of application.

Tuition includes unlimited class attendance during the length of the course. Monthly payments calculated on the remainder of the tuition after the \$500.00 deposit are available at a 2% administration fee. This would amount to 9 payments of \$400.00. The first payment is due on the starting date of September 25, 2009 at which time the remaining 8 post dated cheques for the first of the month starting on October 1 are also due. For those paying the full amount in one payment after the deposit the payment is also due on September 25. Text books are not included, please allow a budget of approximately \$200.00.

The course is a registered 500 hour course with The Yoga Alliance. Time allocated for each category may vary according to need.

Enrolment numbers are kept low, a maximum of 15 people, to ensure personal and direct attention between teacher and student. Students are expected to attend at least one class of yoga per week if living in the Toronto area.

For further information please call Xenia at 647-285-9031 or 416-690-3676 or email info@sananda.ca